

# DE PANNE WITHOUT BORDERS

**ACCESSIBILITY GUIDE** 

VISIT.DEPANNE.BE

THERE IS NO LIMIT TO WHERE YOU CAN GO IN DE PANNE: FROM SEAWALL TO THE DUMONT DISTRICT, FROM FOREST TO CAFE, FROM BUILDING SAND CASTLES TO BLOKART RACING. EVERYONE FINDS HAPPINESS IN THIS LITTLE CORNER OF THE COUNTRY.





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# DE PANNE, WON'T HOLD YOU BACK.

We want everyone to be able to visit our beautiful seaside town without a care in the world, including people with a disability.

With that in mind, we decided to list everything you need to know in this booklet: from accessible hotels, pubs and restaurants to public transport tips and from walks to accessible buildings.

Be sure to read about our top-notch facility, the Changing Place. On the Pierre Bortierplen in De Panne, 20 m from the beach, you'll find the first facility where less mobile people can change and refresh themselves, discreetly and with assistance, before and after a day at the beach.

And if you need help getting on the beach with a wheelchair, the student workers at Zon, Zee ... Zorgeloos are there to assist you with adapted wheelchairs!

It's undeniable: here in De Panne, everyone finds happiness!

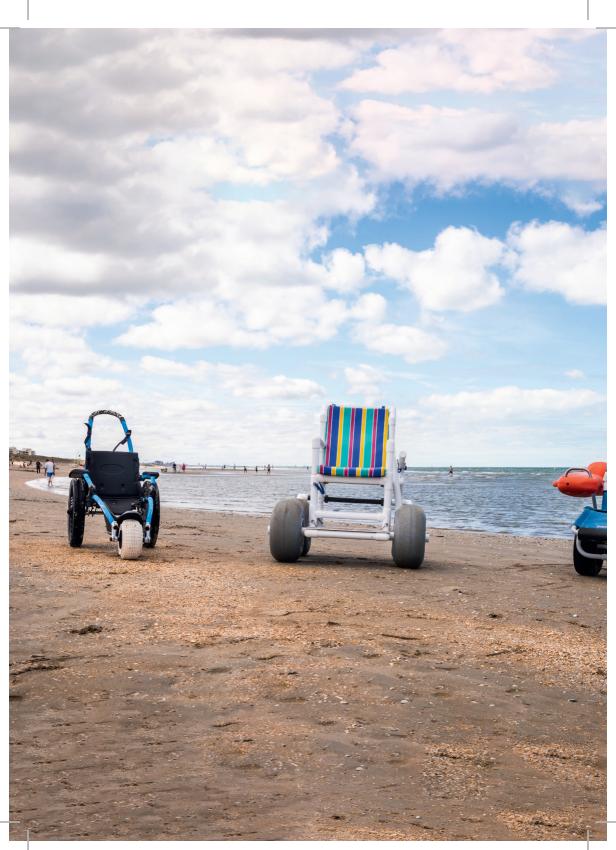
Your Councillor for Social Affairs & Accessibility,
Michèle Vandermeeren

### **DE PANNE WITHOUT BORDERS**

De Panne and the beach are accessible to all. Discover the facilities that make this possible here:

- You'll find the Planché on our wide beach. This concrete path with wood relief guarantees fun for everyone (and it's 1.5 km long)! The path connects to the Zeedijk at several points, so you can easily access the beach.
- A comfortable transition from the Zeedijk to the beach near De Rampe.
- An accessible tram stop: De Panne Esplanade.
- Reserved parking spaces scattered around the city centre.
- Changing Places at Pierre Bortierplein 10 (50 m from the Zeedijk) with an accessible toilet, care rooms with high-low beds, hoists and showers.
- Beach wheelchairs you can borrow for free. There are also electric beach wheelchairs in July and August.







#### **BEACH WHEELCHAIRS**

Those who want to access the beach by wheelchair can use special beach wheelchairs free of charge. These are adapted wheelchairs that enable you to ride on the beach, on the sand - right up to the water's edge. Three different beach wheelchairs are available:

Hippocampe: for sporty walks Handiquatro: classic model

Marina-Anfi: this model can go into the sea

#### How to reserve one?

From mid-June to mid-September:

- contact the Zon, Zee ... Zorgeloos assistants on the no. +32 (0) 492 11 41 74
- via the website depanne.be/changingplaces

The Zon, Zee ... Zorgeloos assistants are present in the Changing Places between 10.30h and 18.30h

From mid-September to mid-June via the website www.depanne.be/changingplaces

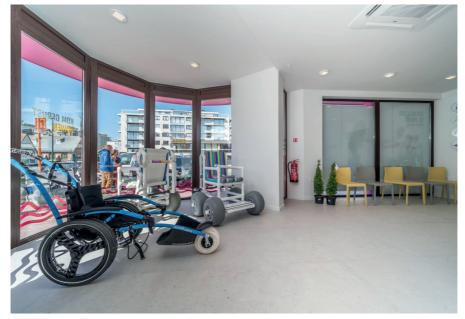
#### **ZON, ZEE ... ZORGELOOS: ASSISTANCE**

Need assistance getting into the beach wheelchair or getting to the beach easily? From mid-June to mid-September, you can rely on our assistants from 10.30h to 18.30h. You can also reserve a beach wheelchair through them. Please note that the assistants are not nurses and do not provide intimate hygiene care. You can reach the service on +32 (0) 492 11 41 74 during opening hours.













#### CHANGING PLACES DE PANNE

Pierre Bortierplein 10

#### What are Changing Places?

Changing Places offer a free solution for people with disabilities who need more space, equipment and assistance when changing clothes, being changed, using the toilet or taking a shower. Because for people with disabilities, regular sanitary facilities for people with disabilities do not suffice, even if they are constructed entirely in line with the guidelines.

#### YOU CAN RECOGNISE A CHANGING PLACE BY:

- · an accessible location, easy to find thanks to its logo and clear signage
- good lighting, pleasant quiet room, non-slip floor and disinfection system, with a shower area
- enough space for someone with a disability and up to two assistants or caregivers.
- · two accessible parking spaces in front of the door

Would you like to use it?
Discover all the information on our website www.depanne.be/changingplaces





# **SUMMERDOC**

Looking for a doctor during your stay in De Panne? Summer doctors provide primary care for residents and visitors during July and August. They whole procedure is similar to consulting your trusted GP. You'll find more information on www.depanne.be/summerdoc.

#### **IMPORTANT NUMBERS**

IMPURTANT NUMBERS	
Ambulance - Fire Bridage	112
Poison control centre	+ 32 (0) 70 24 52 45
Pharmacy (on call)	+ 32 (0) 903 99 000
Cardstop	+ 32 (0) 70 34 43 44
Child Focus	116 000
Vet (on call)	+ 32 (0) 58 41 02 12
Doctor - GP (on call)	1733
Drugs line	+ 32 (0) 78 15 10 20
Beach First-Aid station July-August	+ 32 (0) 58 41 26 66
Fluvius (electricity - gas)	+ 32 (0) 800 650 65 (gaz)
Fluvius (electricity - gas)	+ 32 (0) 78 35 35 00 (defect)
Police	101
Westkust police service	+ 32 (0) 58 53 30 00
Storm damage	1722
Beach assistance point	+ 32 (0) 58 41 26 66
Summerdoc	+ 32 (0) 58 69 00 66
Dentist (on call)	+ 32 (0) 903 39 969
Touring (breakdown service)	+ 32 (0) 70 344 777
VAB (breakdown service)	+ 32 (0) 78 222 222
Visit De Panne	+ 32 (0) 58 42 18 18
Hospital (AZ West Veurne)	+ 32 (0) 58 33 31 11
Zon, Zee Zorgeloos-assistants	+ 32 (0) 492 11 41 74



# **GENERAL INFORMATION**

#### **MOBILITY**

The A18, the N34 and the N35 are the main connections to and from De Panne. Accessible parking spaces and parking options can be found on our website (www.depanne.be/parkeren).

#### The parking card for people with disabilities

- free parking in places reserved for disabled people
- · red zone:
  - in the reserved parking spaces: unlimited parking time
  - in the non-reserved parking spaces: limited to two hours with blue parking disc
- blue, orange, and green zone: unlimited parking duration everywhere.

#### **PUBLIC TRANSPORT**

De Panne is easily accessible by **train**. The station is located in Adinkerke, right next to the coastal **tram** terminus, so you can hop on the tram towards the city centre and the beach of De Panne. You can request assistance for your train journey by phone +32 (0) 2 528 28 28 or online at www.belgiantrain.be. The 'Ticket to the Sea' project determines the most accessible coastal tram route to the Zeedijk, where everyone can easily reach the beach. In De Panne, you can get from the **De Panne Esplanad**e tram stop to the beach and sea via the Leopold I-Esplanade without a hitch.

#### **EDC CARD**

The European Disability Card is an official card that allows you to prove that you are recognised as a person with disabilities. Upon showing this card, you also get easy access to certain benefits and/or discounts for sports, cultural or leisure activities.

#### How to apply?

You don't get the European Disability Card automatically. This card must be requested from the organisation where you are recognised as a person with disabilities. Team Well-being will be happy to help you apply for this card. Team Well-being – Seniors (Koningsplein 1, +32 (0) 58 42 97 65, senioren@depanne.be) www.depanne.be/nl/european-disability-card-edc



A bursting bladder? In De Panne, you can use accessible, public toilets.

- Bezoekerscentrum Duinpanne Olmendreef 2
- Bibliotheek De Panne Lindenlaan 2
- Canadezenplein
- Cultuurhuis De Scharbiellie Kasteelstraat 34
- De Boare Koningsplein 1
- Gemeentehuis Zeelaan 21
- Onze-Lieve-Vrouwekerk Zeelaan 129
- Sporthal Den Oosthoek Sportlaan 2
- Zeedijk ter hoogte van Pierre Bortierplein
- Changing Places Pierre Bortierplein 10

# HORECA ACCESSIBLE

Savour a tasty, local beer in a pub, enjoy a delicious aperitif with your feet in the sand or try a typical fish dish like buttermilk purée with prawns. If you want to spend the night in De Panne, accommodation providers are at your service. Discover the accessible hotels, restaurants and cafés in this brochureor on our website visit.depanne.be

#### Snacks, tapped beer and a good night's rest at these addresses:

- · Agora Markt 20
- Albert I Zeedijk 2-4-6
- · Colosseo Zeedijk 7
- Frituur Cono Zeelaan 57
- · Mirage Zeedijk 9
- Milord Pierre Bortierplein 1
- Tearoom Aan Zee Markt 6
- Parkhotel A. Dumontlaan 30
- Bar De Oosthoek Sportlaan 2
- De Zesse to l'armorial Olmendreef 1
- Moeder Lambik De Pannelaan 185. Adinkerke
- Hoeve Paepehof Veldstraat z/n, Adinkerke
- Brasserie De Mol Duinhoekstraat 164, Adinkerke



# EVERYONE IS WELCOME IN THESE ADAPTED ACCOMMODATIONS!

#### Eb en Vloed

In beautiful De Panne, you will find spacious, wheelchair-friendly holiday flats on one of the most open squares on the Belgian coast: the Leopold I Esplanade. As an added bonus, they offer a priceless view of the sea and the widest beach on the Belgian coast.

#### Flat Eb

115 m² with three bedrooms, one of which is fully adapted, and two bathrooms

#### Flat Vloed

125 m<sup>2</sup> with three bedrooms, one of which is fully adapted, and two bathrooms

#### Flat Vuurtoren

150 m<sup>2</sup> with three bedrooms, one of which is fully adapted, and three bathrooms

#### Eb en Vloed

Zeedijk 103 + 32 (0) 478 22 28 10 www.ebenvloed.be www.rolstoelappartement.be info@ebenvloed.be

#### Villa Rozerood

Villa Rozerood is a hotel for children needing care (up to 18 years old) and their families.

It offers a range of specialist care for children with (major) care needs and provides a relaxing holiday for parents, brothers, sisters and possibly grandparents.

The range of holiday options allows parents to recharge their batteries in a warm, friendly atmosphere. It gives them a short break from the heavy care burden they carry throughout the year.

The care hotel offers great accessibility for wheelchair users. Requests for stays are discussed by the multidisciplinary team.

#### Villa Rozerood

Fazantenlaan 28 + 32 (0) 58 42 20 24 www.villarozerood.be info@villarozerood.be



# **ACCESSIBLE ACTIVITIES**

#### WALKS

#### **Guided walking tours**

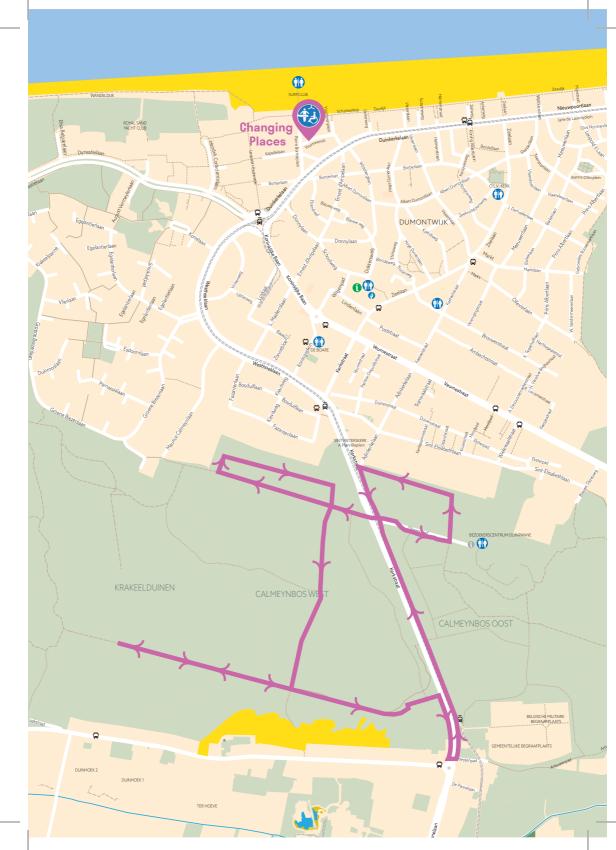
Join one of our free guided tours and immerse yourself in the wealth of architectural heritage De Panne has to offer! Get a taste of the Dumont district's heyday or learn more about Art Deco and modernism in De Panne. Want to know more? Surf to www.depanne.be/en/hiking and discover our beautiful offerings.

#### Walking on wheels

If you have a disability, enjoying a walk in nature can be difficult. To allow people with physical disabilities or families with prams to enjoy our beautiful nature reserves, we created the 'Walking on Wheels' route. It is an accessible path through the forest where you can really enjoy serenity and nature. Grab a leaflet at the Visit De Panne counter and have fun!







#### **SPORTS**

#### Sand yachting

Hoist the sails and race to the sand yachting centre for a unique initiation. Thanks to its wide, expansive beach, De Panne is the most suitable spot for sand yachting along our coast. People with disabilities can also get a taste of the sport. Simply contact the Royal Sand Yacht Club:

Dynastielaan 20 +32 (0) 58 41 57 47

#### **Bowling**

Bowling, pool and a nice bite to eat, it's all possible at the Bowl Inn! Choose a tailor-made formula or go all out on Saturday night and enjoy disco bowling! The bowling and stone grill formula is highly recommended on a drizzly day. Will you be the first to throw a strike? You can also bowl in a wheelchair!

De Pannelaan 80 + 32 (0) 58 41 39 48 www.bowlinn.be

#### **Outdoor Fitness Canadezenplein**

You can work out in the open air on the Canadezenplein. Adapted sports equipment and exercise bicycles ensure they are accessible for everyone. Each device has a sign with information on how best to use it. Scan the QR code with your smartphone and instantly get a handy video of the exercises. There are two devices for wheelchair users.

#### **AIRES DE JEUX**

#### Blauwe Distelweg

The playground in the Blauwe Distelweg was specially built with accessibility in mind and 'playing together for everyone'.

#### Cosynmolen

You can find the new Cosynmolen playground in the Kamiel Topweg. The trampoline is constructed so that it is accessible by wheelchair.

#### **LIBRARY**

#### **Daisy books**

Daisy books (Digital Accessible Information System) are audiobooks for people with reading disabilities (including blind, visually impaired, people with dyslexia, etc.). De Panne Library has a nice collection of Daisy books on CD for children, adolescents, and adults. You'll find the Daisy audiobooks at the front of the library, next to the DVDs. You can ask for a Daisy player at the front desk.

#### Large-print books

Would you like to plan a visit to Plopsaland De Panne? The park is easily accessible. In addition to reserved parking spaces, you can borrow a wheelchair; there are adapted sanitary facilities, special entrances, and priority access to attractions.

De Panne Library Lindenlaan 2 www.depanne.be/bibliotheek





#### **ACCESSIBLE MUSEUMS/BUILDINGS**

# **Provincial Visitor's Centre Duinpanne** Olmendreef 2

Here you can learn all about the North Sea and marvel at the rich

fauna and flora of our region. Dig up fossils and playfully learn about the minke whale and rising sea levels.

#### **Cultural Centre De Scharbiellie**

Culture house De Scharbiellie is the place to be to discover art. A varied programme of exhibitions with different themes is offered annually and for all ages! By the way, did you know that the name of the building 'De Scharbiellie' refers to the local history? Kasteelstraat used to be called 'Scharbielliedreve' because the street was paved with the sieved ashes (scharbielje) from the coal stoves.







#### **Museum Cabour W0 II & 2/4 Lansiers** Moeresteenweg 141

This museum illustrates the course of the **Second World War** in our region. Some crucial events such as Operation Dynamo, the Liberation and the Siege of Dunkirk are covered. You'll also discover stories about refugees, the air force or the 'Sperrgebiet'. The museum recently reopened after renovations.

Did you know that the largest Belgian military cemetery is in De Panne (Kerkstraat 67)?

#### **Visit De Panne**

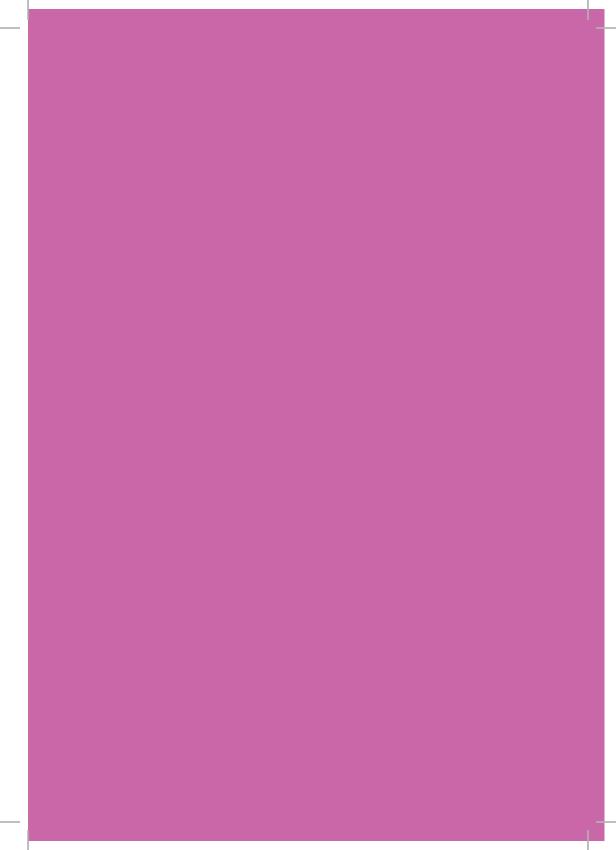
Zeelaan 21 058 42 18 18 visit@depanne.be visit.depanne.be

September - Easter holidays 09.00u-12.00u & 13.00u-17.00u (Mo-Su) 10.00u-12.30u (Sundays and public holidays)

Christmas Day and New Year closed

As of Easter holidays - end of June 09.00u-12.00u & 13.00u-17.00u (Mo-Su) 10.00u-12.00u & 14.00u-17.00u (Sundays and public holidays)

July - August 09.00u-18.00u (Mo-Su)



**Visit De Panne**Tourist office

Zeelaan 21 8660 De Panne 058 42 18 18 visit@depanne.be www.depanne.be